

## **Frequently Asked Questions WARMLINE NETWORK SERVICES**

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### **Who can call the Warmline?**

The Warmline specializes in the concerns of mental health consumers, their families, and friends. Anyone who feels like they need to talk to someone who is supportive, non-judgmental, and understanding can call.

### **What can I talk about?**

Almost anything. Warmline calls are kept anonymous, confidential, and are often staffed by consumer peers who are available to offer support and resources.

### **When can I call, chat or text?**

9 a.m. – 11 p.m. Monday through Friday, and 10 a.m. – 11 p.m. Saturday and Sunday.

### **What does it cost?**

There is no cost for the Warmline services as the program is funded by the Mental Health Services Act (Proposition 63). Callers have the option to telephone the local number (714) 991-6412 or the toll free line (877) 910-9276.

### **In what languages does Warmline offer support?**

Support is offered in English, Spanish, Farsi, and Vietnamese. Chat/text communication is also available for the Deaf and Hard-of-Hearing.

### **How can I help?**

Call (714) 991-6412 for more information.